

## BIOGRAPHICAL SKETCH

Provide the following information for the key personnel and other significant contributors in the order listed on Form Page 2.  
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NAME Sarah Kate Bearman	POSITION TITLE Principal Investigator		
eRA COMMONS USER NAME skbearman			
EDUCATION/TRAINING <i>(Begin with baccalaureate or other initial professional education, such as nursing, and include postdoctoral training.)</i>			
INSTITUTION AND LOCATION	DEGREE <i>(if applicable)</i>	YEAR(s)	FIELD OF STUDY
Kenyon College, Gambier OH	B.A.	1997	Psychology & English
The University of Texas at Austin	Ph.D.	2005	Clinical Psychology
Judge Baker Children's Center	Postdoctoral Fellow	2005-2009	Clinical Psychology (Child)

### A. Positions and Honors

#### Professional Positions:

1997-1999	Clinical Research Assistant, Pediatric Psychopharmacology Unit, Massachusetts General Hospital, PI: Joseph Biederman, M.D., and Thomas Spencer, MD.
1999-2004	Project Director, <i>Austin Adolescents Development Study</i> , Department of Psychology, The University of Texas at Austin. PI: Eric Stice, Ph.D.
1999-2004	Project Assistant, <i>The Body Project</i> , Department of Psychology, The University of Texas at Austin. PI: Eric Stice.
2001-2004	Principal Investigator, <i>Boys Adolescent Development Study</i> . Department of Psychology, The University of Texas at Austin. Faculty Sponsor: Eric Stice.
2001-2002	Principal Investigator, Group Leader, <i>Austin Body Dissatisfaction Study</i> . Department of Psychology, The University of Texas at Austin. Faculty Sponsor: Eric Stice.
2002-2004	Project Assistant, <i>Austin Body Project</i> , Department of Psychology, The University of Texas at Austin. PI: Eric Stice, Ph.D.
2002-2004	Project Assistant, Group Leader, <i>Austin Blues</i> , Department of Psychology, The University of Texas at Austin. PI: Eric Stice, Ph.D.
2003	Student Member of the Institutional Review Board, The University of Texas at Austin.
2003-2004	Office of Research Support and Compliance, Research Associate, The University of Texas at Austin. Supervisor: Lisa Leiden, Ph.D.
2004-2005	Child Clinical Psychology Intern, Children's Hospital of New York/Columbia Presbyterian Medical Center. Training Director: Laura Mufson.
2005-2009	Postdoctoral Fellow, Judge Baker Children's Center, Harvard Medical School.
2006	Consultant, <i>Prevention of Obesity at Universities: A Randomized Trial</i> , Drexel University. PI: Michael Lowe, Ph.D.
2009-present	Research Scientist, Judge Baker Children's Center, Harvard Medical School

#### Honors:

1997	Phi Beta Kappa, Magna Cum Laude, Kenyon College
1997	High Honors in Psychology, Kenyon College
1997	Sigma Xi, Scientific Research Society
1997	Women and Gender Studies Departmental Award, Kenyon College
1997	Distinction, Senior Comprehensive Exercises: Psychology and English, Kenyon College
2000	Dean's Excellence Award, The University of Texas at Austin
2001	The David Bruton, Jr. Fellowship, The University of Texas at Austin
2000-2004	Recipient, National Research Service Award, National Institutes of Mental Health & Office of Women's Health
2002-2003	Departmental Fellowship, The University of Texas at Austin
2005	Finalist, Health & Society Scholars Program, The Robert Wood Johnson Foundation

## Professional Societies and Public Advisory Committees:

1999-present Association for Behavioral and Cognitive Therapy

1999-present American Psychological Association

## **B. Publications**

- Spencer, T., Biederman, J., Faraone, S., Mick, E., Coffey, B., Geller, D., Kagan, J., Bearman, S.K., & Wilens, T. (2001). Impact of tic disorders on ADHD outcome across the life cycle: Findings from a large group of adults with and without ADHD. *American Journal of Psychiatry*, *158*, 611-617.
- Spencer, T., Biederman, J., Wilens, T., Faraone, S., Prince, J., Gerard, K., Parekh, A., Doyle, R., Kagan, J., & Bearman, S.K. (2001). Efficacy of a mixed amphetamine salts compound in adults with Attention Deficit Hyperactivity Disorder. *Archives of General Psychiatry*, *58*, 775-782.
- Stice, E., Presnell, K., & Bearman, S.K. (2001). Relation of early menarche to depression, eating disorders, substance abuse, and comorbid psychopathology among adolescent girls. *Developmental Psychology*, *37*, 608-619.
- Stice, E., & Bearman, S.K. (2001). Body image and eating disturbances prospectively predict increases in depressive symptoms in adolescent girls: A growth curve analysis. *Developmental Psychology*, *37*, 597-607
- Spencer, T., Biederman, J., Coffey, B., Geller, D., Crawford, M., Bearman, S.K., Tarazi, R., & Faraone, S.A. (2002). Double-blind comparison of desipramine and placebo in children and adolescents with chronic tic disorder and comorbid attention-deficit/hyperactivity disorder. *Archives of General Psychiatry*, *59*, 649-656.
- Bearman, S.K., Stice, E., & Chase, A. (2003). Effects of body dissatisfaction on depressive and bulimic symptoms: A longitudinal experiment. *Behavior Therapy*, *34*, 277-293.
- Presnell, K., Bearman, S.K., & Stice, E. (2004). Risk factors for body dissatisfaction in adolescent boys and girls: A prospective study. *International Journal of Eating Disorders*, *36*, 389-401.
- Bearman, S.K., Presnell, K., Martinez, E., & Stice, E. (2006). The skinny on body dissatisfaction: A longitudinal study of adolescent boys and girls. *Journal of Youth and Adolescence*, *35*, 217-229
- Polo, A. J., Bearman, S. K., Short, K. H., Ho, A. & Weisz, J. R. (2006). Strengthening school-research collaborations while developing effective youth depression programs. *Emotional & Behavioral Disorders in Youth*, *6*, 27-46 .
- Stice, E., Burton, E., Bearman, S. K., & Rohde, P. (2006). Randomized trial of a brief depression prevention program: An elusive search for a psychosocial placebo control condition. *Behaviour Research and Therapy*, *45*, 863-876.
- Weisz, J.R., Bearman, S.K., & Ho, A. (2006). Key questions about cognitive behavioral therapy for youth depression. *Evidence-Based Mental Health*, *9*, 96.
- Burton, E.M., Stice, E., Bearman, S.K., & Rohde, P. (2007). An experimental test of the affect-regulation model of bulimic symptoms and substance use: An affective intervention. *International Journal of Eating Disorders*, *40*, 27-36.
- Presnell, K., Bearman, S.K., & Madeley, M.C. (2007). Body dissatisfaction: Risk and protective factors. *The Prevention Researcher*, *14*, 3-6.
- Bearman, S.K. & Stice, E. (2008). Testing a gender additive model: A longitudinal study of risk factors for adolescent depression. *Journal of Abnormal Child Psychology*, *36*, 1251-1263.
- Weisz, J.R., & Bearman, S.K. (2008). Overview of psychological treatments for children and adolescents. In M. Rutter, (Ed.), *Child and Adolescent Psychiatry, 5th Edition*.
- Bearman, S.K., & Weisz, J. R. (In Press). Primary and secondary control enhancement training (PASCET): Applying the deployment-focused model of treatment development and testing. In C. Essau (Ed.), *Treatment of Adolescent Depression*, Oxford University Press.
- Bearman, S.K., Ugueto, A., Alleyne, A., & Weisz, J. (In Press). Adapting CBT for Depression to Fit Diverse Youths and Contexts: Applying the Deployment-Focused Model of Treatment Development and Testing. In J.R. Weisz & A.E. Kazdin (Eds.), *Evidence-based psychotherapies for children and adolescents*, 2nd edition. New York: Guilford.
- Bearman, S.K., Stice, E., & Nolen-Hoeksema, S. (In Press). Ruminative coping and gender in the onset of adolescent depression: Moderation or mediation? Under review, *Journal of Consulting and Clinical Psychology*.

Stice, E., Presnell, K., & Bearman, S.K. (In Press). Risk factors for onset of threshold and subthreshold bulimia nervosa: A 5-year prospective study of adolescent girls. Manuscript under review: *Journal of Abnormal Psychology*.

### **C. Research Support**

#### Gender Differences in Adolescent Depression

Principal Investigator: S.K. Bearman

Faculty Sponsor: Eric Stice, Ph.D., University of Texas at Austin

Funding Source: NIMH F31 (MH12834)      Period: 9/1/2001 – 8/31/2004

Description: Tested a Gender Additive model as a means of clarifying the gender differences in adolescent depression. Paired two study designs to elucidate risk factors for girls' depression: a controlled randomized prevention trial that used a body satisfaction intervention to demonstrate the relation of body dissatisfaction on girls' depressive symptoms and a longitudinal risk factor design that prospectively examined the relation between a set of risk factors on the development of depression in a sample of 428 adolescent girls and boys.

#### Practice Based Evidence: Enhancing the Evidence Base for Adolescent Depression

Principal Investigator: S.K. Bearman

Funding Source: NIMH K99/R00 (MH083887)      Project Period: 05/01/2009 – 04/30/2011

Description: The goal of this award is to support the development of a research career in an academic setting with a focus on implementation science in the service of advancing effective mental health interventions for children and adolescents. The well-documented gap between mental health research and mental health practice has prompted the need for research collaborations between practice and research partners in order to increase the effectiveness of interventions delivered to youth in practice settings; this need is especially salient in the area of adolescent depression. Thus, the paramount goals of the current proposal are a) to use a partnership between researchers and school-based mental health professionals to develop an observational coding method to characterize school-based usual care group psychotherapy for adolescent depression, b) develop a database of strategies used by usual care providers to increase implementability and engagement, and c) to use the resulting coding system to identify specific procedures and common factors used in group psychotherapy that predict clinical improvement in depression coding sessions from already collected data. A corollary aim, for the independent investigator phase, will be to incorporate the procedures associated with clinical improvement, as well as implementability and engagement, into an enhanced intervention for adolescent depression and to test the effectiveness and feasibility of this intervention in a small pilot trial.